



SNORKELING &

SCUBA DIVING

Frequently Asked Questions

SUB AQUA DiveCenter Angaga is

open daily

08:30 to 12:30

&

14:30 to 18:30

I can't swim. Can I still try scuba diving?

Yes you can! You can do SUB AQUA DiveCenter's try diving program, called 'Discover Scuba.' We do recommend that you are at least comfortable in the water but an instructor will be with you 100% of the time and assists you in every way so that you can simply relax, breathe and enjoy the amazing underwater world that Maldives has to offer. Our try dive program is not a certification and you will not get your scuba diving license from this but you will experience the thrill of scuba diving in the Maldives, and being underwater close-up to beautiful fish and corals!

You must be able to swim if you want to complete your certification and learn to dive with the PADI Open Water Diver course.

Do I need to be a good swimmer to learn scuba diving?

No! As explained above, non-swimmers can experience scuba diving safely and do, every day, with a try diving program called, 'Discover Scuba'. However, if you want to complete your PADI certification to become a PADI Open Water Diver then you must be able to swim a distance of 200m without any flotation aid. This is an un-timed assessment, but you must be able to complete the swimming distance of 200m without stopping!

What do I need to learn scuba diving? Am I fit?

You need to be aged 10 years or above and you must be medically fit. [You can download the PADI medical questionnaire here.](#) You must be able to answer 'no' to all questions! If you must answer 'yes' to one or more questions on the PADI medical questionnaire then you need a certificate from your Doctor confirming your fitness to dive before we can take you scuba diving.

Can I take photos underwater?

Yes. Absolutely you should record your Maldives scuba diving experience on camera to share with friends and family! SUB AQUA DiveCenter offer a digital underwater camera rental service or if you have an underwater camera of your own, please bring it with you. However, please be cautious. Breathing underwater and staying safe is a priority – capturing your experience on camera should only come AFTER you are feeling comfortable.

How old does my child have to be to try scuba diving?

A special try diving program for kids is our Bubblemaker program and this starts from age 8 with a maximum depth limitation of just 2 metres on the first dive. For all other divers trying scuba for the first time, the minimum age is 10 years old.

How deep will I go?

If it is your first time diving you will start in water you can still stand up in! Simply put your face in the water and breath. Remember, your PADI Instructor will be right beside you so you have nothing to fear. You may go up to 6 metres depth on your first dive. If you decide you want to make more dives with us, we can take you diving again but without completing the full PADI Open Water Diver course, your maximum depth limit will be 12 metres. If you want to go deeper than 12 metres then you should sign up to complete your PADI Open Water Diver Course with us!

The maximum depth limit for all divers in Maldives is 30 metres.

Is diving safe?

Absolutely and at SUB AQUA DiveCenter, safety is a top priority. With any water sport there are inherent risks and this is why we ask you to complete a short medical questionnaire before you take part in any scuba diving activity. This medical statement is to be read and signed by you, stating whether you have any pre-existing medical conditions that might stop you from scuba diving. You will not need to bring a medical certificate with you unless you think you may have medical conditions that prevent you from diving. In this case, make sure your Doctor signs the medical statement to confirm that you are fit to dive before you arrive.

Can I scuba dive with Asthma?

Asthma is classed as a pre-existing medical condition. Some people with asthma do still enjoy scuba diving but you must obtain a signed medical certificate from your Doctor stating that you are fit to dive if this is the case. Bring it with you on holiday or we won't be able to take you diving!

Do I need diving insurance?

Divers should ensure that their travel insurance covers them for scuba diving activities. [More recommendations for diving insurance can be found here.](#)

Can I pre-book diving activities?

You receive up to 10% discount when you pre-book your dive packages and PADI courses online via [SUB AQUA DiveCenter's website.](#)

Will I see a whale shark?

We do make full day diving trips to the outer reef of South-Ari Atoll where whale sharks are frequently seen. However this is the ocean and we cannot guarantee!

Will I see manta rays?

December to March is the best time to see manta rays in the area but we see them regularly throughout the year. Again, no guarantee!!! [You can find more information here.](#)

How is the house reef?

Angaga Island has one of the best house reefs in the Maldives. All coral reefs in the Maldives suffered from the bleaching episode of 2015-16 but SUB AQUA DiveCenter have been working hard to conserve the reef and have also developed a coral restoration project that is doing well. You can see the new coral nursery growing when you are diving and snorkeling on the house reef at Angaga Island! [Read more about it here.](#)

For further questions and enquiries please email:

info@subaqua-divecenter.com

www.subaqua-divecenter.com